

Obstetric Fee Disclosure

Congratulations on your pregnancy and welcome to Alana Obstetrics! We are your team of Obstetricians who will be caring for you and your baby throughout your pregnancy.



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We are the first and only female group practice of Obstetricians in Sydney, enabling us to offer you continuity of care throughout your antenatal visits and delivery. Although you will be booked with one primary Obstetrician, planned visits with the other group Obstetricians will mean that you have the opportunity to meet with all of us before you give birth.

Why is this important?

This unique model of care has significant benefits for you and your baby with a team approach of not one, but three Obstetricians looking after you. The Alana Obstetricians rotate the on-call arrangements meaning that each 24 hour period a new and fresh Obstetrician will be on call to deliver your baby safely.

We are working women and Mums too and know how important it is to balance the time we spend at work and with our families. We are looking forward to sharing this amazing time with you, and providing you with support and advice.

24 hour emergency access

When you choose us for your antenatal care, you have 24 hour access to our medical team. In the event of an emergency or medical complication related to your pregnancy, you can call our obstetric on call number **0499 525 000** at any time of the day or night.

Schedule of Visits

Your first antenatal appointment will take place normally between 8 and 12 weeks gestation. After you have attended your first appointment, the Alana reception team will schedule the remainder of your visits to ensure that you see an Alana Obstetrician at the required interval. In the event your primary Obstetrician is away or unavailable when your appointment falls due your appointment will be scheduled with one of the other Alana Obstetricians.

Third Trimester Growth Ultrasound

Between 30 and 34 weeks of your pregnancy we offer a third trimester growth ultrasound. This will allow a detailed assessment of your baby's development. This scan can be performed by us as part of your antenatal care, or you can choose to have this done at an external ultrasound provider.

Costs

Below you will find outlined the cost of your antenatal care. This includes antenatal appointments, attendance at your delivery (in either the Prince of Wales Private Hospital or the Royal Hospital for Women) and attendance whilst in the postnatal ward of the hospital.

These costs are separate to the fees charged by the hospital. If you have private health insurance, please check your level of cover prior to committing to private antenatal care. If you have chosen to proceed as an uninsured/self-funded patient, our reception team can help to obtain hospital quotes once you commence your care.

As a general rule, fees incurred at antenatal visits and for any other outpatient services outside of hospital are rebated by Medicare (if applicable). Inpatient hospital fees for your delivery or any other admission during your pregnancy are rebated by your health fund. If you are not covered by your health fund or do not have private health insurance, you can still choose private antenatal care, but you are then personally liable to pay for the inpatient hospital fees, plus any other additional charges normally covered by a health fund.

Medicare Card Holders: In order to claim your Medicare rebate for **your antenatal visits you must be covered by a valid referral letter**. GP referrals are valid for 12 months and will cover you for your entire pregnancy. If you have been referred by another specialist the referral is only valid for three months. If you are unsure about your referral status, please contact us.

Under the Medicare Benefit Schedule (MBS) your care during pregnancy, delivery and the postnatal stay is covered by a series of 'item numbers', as outlined below. Please note, if you are admitted to hospital for any problems during your pregnancy then the fees charged by your obstetrician will be completely covered by reimbursement from your private health fund/Medicare. If you are Medicare ineligible or hold international health insurance you will receive an invoice reflecting the Medicare Schedule Fee.

| MBS Item | Description | Private Fee | Medicare Rebate (If applicable) | Out of Pocket |
|---|--|---|--|---|
| Outpatient Antenatal Care | | | | |
| 16401 | Your first consultation (30mins) with your <u>Alana Obstetrician</u> . Antenatal appointments are not covered by health insurance, only Medicare (if applicable). | \$340.00 | \$82.80 | \$257.20 |
| 55700 | Ultrasound Dating scan ≤ 16 weeks performed by an <u>Alana Obstetrician</u> (55700, 55703, 55704, 55705) | \$150.00 | \$57.20 | \$92.80 |
| 16500 | Each routine appointment (15mins) with an <u>Alana Obstetrician</u> throughout your pregnancy, before you go into labour. An account will be issued for each visit (approximately 12 visits in total) and is paid on the day. Antenatal appointments are not covered by health insurance, only Medicare (if applicable). N.B. Ultrasounds performed by us within the scope of a routine antenatal appointment will be billed at the Medicare Schedule Fee. | \$2,040.00 <i>(~\$170.00 per visit)</i> | \$547.80 <i>(\$45.65 per visit)</i> | \$1,492.20 <i>(\$119.35 per visit)</i> |
| | Antenatal appointment (30mins) for the purposes of performing a growth scan. | \$340.00 | \$45.65 | \$294.35 |
| 55718 | Ultrasound Growth scan >22 weeks performed by an <u>Alana Obstetrician</u> (optional, can be performed externally). (55718, 55721, 55723, 55725) | \$150.00 | \$95.35 | \$54.65 |
| 16590/ 16591 | As well as the planning of your pregnancy and labour management there is a need for your Alana Obstetrician to provide medical cover 24 hours a day because of the unpredictability of pregnancy and the possible need to access obstetric care and medical services at any time. This fee is separate to the cost of your antenatal visits and is payable once you start your obstetric care. This fee is payable in two parts: Part 1 A <u>non-refundable</u> deposit of 2/3 of the full amount (\$3,300) will be required at 20 weeks; Part 2 The balance of 1/3 (\$1,600) will be invoiced once you reach 28 weeks, and is payable within 2 weeks, at latest by 32 weeks gestation. The pregnancy planning and management fee is claimable only once per pregnancy. This is important to note should you decide to discontinue your care at any time during your pregnancy. | \$4,900.00 | \$361.00 <i>Rebate will be greater if Medicare Safety Net threshold reached ~\$629.70</i> | \$4,539.00 |
| Delivery | | | | |
| 16519/ 16522 | For the delivery , defined as either <i>normal</i> or <i>complicated</i> by the Medicare Benefit Schedule, we will send this account directly to your private health fund (if covered) for payment. If you are not covered by insurance or hold an international health fund policy you will receive an invoice for your delivery. Normal delivery: \$2,100.00 Complicated delivery: \$2,500.00. <i>* Not included in below totals</i> | Fund only <i>If uninsured, fees apply (see left)</i> | N/A | N/A |
| 51306 | If you have a caesarean section, an assistant surgeon will be required. If an Alana Obstetrician attends, you will receive a separate invoice for this service. Medicare and health fund rebates apply (if applicable.) | \$600.00 <i>*Not included in below totals</i> | <i>Medicare and health fund rebates are dependent on your level of cover</i> | N/A |
| Outpatient Postnatal Care | | | | |
| 16407 | Your <u>Alana Obstetrician</u> will see you for follow up postnatal review 6 weeks after your delivery. | \$340.00 | \$69.45 | \$270.55 |
| TOTAL FEES FOR ALANA OBSTETRICS <i>Subject to variations as outlined above</i> | | \$8,260.00 | \$1,259.25 | \$7,000.75 |

N.B. If you hold an international health fund policy, you will be invoiced at the private fee. You will be provided with detailed invoices that you can provide to your insurer for claiming. Applicable rebates are dependent on your Medicare status.

Obstetrician charges not included above:

Any **attendance outside of routine antenatal care**, including postnatal care outside of the normal aftercare period (i.e. outside 4-8 weeks postnatal). 16404 \$170 per attendance with **\$41.65** rebated by Medicare (if applicable.)

Midwifery: As part of a holistic approach to pregnancy management, planned visits with our Midwife will capture an understanding of your general physical and mental wellbeing, so all necessary care can be given and support measures put in place if required. You will receive guidance on nutrition, exercise and lifestyle for a healthy pregnancy, as well as breastfeeding and lactation support. We recommend a planned visit with our Midwife at ~14 weeks, ~37 weeks, as well as postnatally. **\$50 out of pocket expense per consultation.**

Physiotherapy: We recommend a planned visit with an Alana Physiotherapist at 20-24 weeks, as well as postnatally. These visits will ensure that any musculoskeletal problems during the pregnancy are identified early and managed, as well as providing you with education for both pregnancy and birth and how to keep fit and healthy as your body undergoes all of those changes. The postnatal visit is important to allow identification of any abdominal or pelvic floor muscular issues, to ensure a good recovery after the birth. **~\$220-\$260 for initial consult, and ~\$120-\$140 for follow up consult.** Health fund rebates may apply.

Fee Increases

Fees are reviewed on 1st January each year and may be subject to increase. Your signature below confirms your acceptance of any fee increase during your current course of antenatal care.

Your Privacy

Your medical records will remain confidential in accordance with our privacy policy. Should our doctors need to consult with colleagues regarding aspects of your care, it may be necessary to disclose your personal details. Please inform Alana Healthcare if there are particular details that you do not wish disclosed.

Your Acknowledgment

- I have read and understood the above Fee Disclosure regarding the cost of antenatal care with Alana Obstetrics and in undertaking private Antenatal Care I agree to pay the fees stated above.
- I understand that in signing this Fee Disclosure I am agreeing to pay for fees invoiced by Alana Healthcare.
- I understand that any fees quoted for external providers and/or services are approximate only and are not binding in this agreement.
- I understand that my acknowledgement of the above will be recorded in my Electronic Health Record.

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|-------------------------|------------------------|---------------------|
| | | / / |
| <i>Print First Name</i> | <i>Print Last Name</i> | <i>DOB</i> |
| | | |
| <i>Your Signature</i> | | / / |
| | | <i>Today's date</i> |

Fees for other external Services (approximate only)

As part of your antenatal care, it may be necessary for you to access other services and/or providers through the course of your pregnancy. While Alana Healthcare cannot quote on these services, a guide has been provided below. When accessing other services or providers it is always recommended that you obtain a fee disclosure directly from them.

Anaesthetist

You may receive a bill from an anaesthetist if you require their services in labour (e.g. if you require an epidural) or have a caesarean section. Costs vary according to services provided. Medicare and Health Fund rebates apply (if applicable.) **~\$900.00-\$1800.00**

Assistant

An assistant doctor is required should you need a caesarean section. This will usually be one of the Alana Obstetricians however in the event this is not one of the Alana Obstetricians then this doctor will bill you separately. Medicare and Health Fund rebates apply (if applicable.) **~\$500.00-\$800.00**

Paediatrician

A private paediatrician will send a bill for their medical care. This will vary depending on the number of visits required. If your baby is admitted to the Neonatal Intensive Care Unit all the hospital charges are at the Medicare Schedule Fee. **~\$300 for initial consult, ~\$200 for follow up, and ~\$350-\$400 if they are present at your caesarean section**

Pathology

Tests ordered for you or your baby will incur additional costs which are determined by the nature of the tests performed and set by the Pathology Lab.

Ultrasounds

Costs for ultrasounds vary from practice to practice, and according to when and why the tests are being performed. These items are not billed by us.

| | |
|--|---------------------|
| Early Pregnancy (dating/viability) | ~\$195-\$210 |
| Nuchal Translucency | ~\$320-\$400 |
| 19 week anomaly ultrasound | ~\$290-\$300 |
| 3 rd trimester ultrasound | ~\$290-\$300 |
| 3 rd trimester multiple pregnancy | ~\$390-\$400 |