

Antenatal Checklist

Congratulations on your pregnancy and welcome to Alana Obstetrics!

The following checklist is designed to help you through your antenatal care and prepare for your new arrival. Should you require any assistance with any of the items on the checklist our friendly admin team at Alana will be more than happy to guide you.

Antenatal Checklist		Due (gestation)								
	Item									
<input type="checkbox"/>	I have completed a cover check with my health fund and have confirmed the following: <ul style="list-style-type: none"> That I am covered to deliver my baby (MBS items 16519 or 16522) as a private patient, including accommodation, theatre cover and special care nursery, ensuring that I am financial with my health fund on my due date; The correct process to add my baby to my health insurance policy. 	8-12 Weeks								
<input type="checkbox"/>	I have completed the <i>Edinburgh Postnatal Depression Scale</i> form and <i>Antenatal Risk Questionnaire</i> returned it to my Alana Obstetrician.	12-16 Weeks								
<input type="checkbox"/>	I have completed the <i>Photography Consent Form</i> and returned it to the Alana Healthcare admin team.	12-16 Weeks								
<input type="checkbox"/>	I have either: <ul style="list-style-type: none"> booked my confinement with the Prince of Wales Private Hospital via their online eAdmissions portal at https://healthscope.eadmissions.com.au/; or confirmed my preference to deliver at the Royal Hospital for Women with my obstetrician/ the Alana admin team 	18 Weeks								
<input type="checkbox"/>	I have signed my <i>Obstetric Fee Disclosure</i> and returned it to Alana Healthcare.	20 Weeks								
<input type="checkbox"/>	I have paid my 2/3 pregnancy and planning management deposit to Alana Healthcare.	22 Weeks								
<input type="checkbox"/>	I have scheduled the remainder of my antenatal appointments at Alana Healthcare.	24 Weeks								
<input type="checkbox"/>	I have the important phone numbers in a prominent place: <table border="0" style="width: 100%;"> <tr> <td>Alana Healthcare</td> <td>9009 5255</td> </tr> <tr> <td>Alana Healthcare On Call</td> <td>0499 525 000</td> </tr> <tr> <td>POWP Hospital Delivery Suite</td> <td>9650 4444</td> </tr> <tr> <td>RHW Delivery Suite</td> <td>9382 6100</td> </tr> </table>	Alana Healthcare	9009 5255	Alana Healthcare On Call	0499 525 000	POWP Hospital Delivery Suite	9650 4444	RHW Delivery Suite	9382 6100	30 Weeks
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RHW Delivery Suite	9382 6100									
<input type="checkbox"/>	I have paid the remaining balance of my pregnancy and planning management fee to Alana Healthcare.	32 Weeks								
<input type="checkbox"/>	I have packed my hospital bag and I'm ready to go!	36 weeks								

Attached

- Obstetric Fee Disclosure
- Edinburgh Postnatal Depression Scale form
- Antenatal Risk Questionnaire – Client
- Photo Consent Form
- RHW fee information ****if applicable****